July 2018 Study Guide

We are at the end of the road for study guides this year. This emphasis is on new rules and two important documents on the training web site- the free blocking zone in the spread and catch definition. You must read those to answer questions on this guide and Part II.

Two Second Runoff: This came as part of the seven man mechanics manual and is now part of mechanics for ECOs (all crew members frankly) for all games regardless of crew type-four, five, six or seven. It is simple. If the clock was stopped for any action- incomplete pass, runner OOB, scrimmage kick grounded or OOB or penalty enforcement- some sort of dead ball producing event and the clock will start on the snap **OR** the ready for play whistle with two seconds or less the clock will run to completion during that play.

This is important in the event that teams line up to spike the ball to stop the clock with two seconds or less on the clock. When they snap the ball- which is often with the RFP- the clock will run off. Coaches will need to be told this in this situation.

<u>Foul By K Add On Penalty:</u> The NFHS has clarified the rulings on this subject concerning kicks that result in a score by R.

Play Example: K punts and the kick is returned for a touchdown by R. K is flagged for six on the LOS. Traditionally the option is to decline the penalty and take the touchdown. Now with this new rule the NFHS has decided that R may add this penalty to **the try only.** Their reasoning is that the penalty occurred prior to the change of possession. It does seem that NFHS has some conflicting rules.

Improperly Equipped Player Replaced Instead of Penalized: There exist multiple rules defining required equipment, where and how legal equipment may be worn, types of mouth pieces, chin straps, gloves, eye shields and how casts must be padded. The new rule 3-5-10e defines what officials should do when improper equipment is discovered. Be aware there are equipment issues that can be corrected without calling an official's time out such as taking the play card off the belt and putting on the wrist, snapping the chin strap, tucking the jersey in, pulling the jersey over back pads or shoulder pads or taking sweat bands off biceps or legs. The GHSA emphasis

is on pregame detection and correction. There may be situations where multiple equipment violations exist and are unable to be corrected due to visiting team status or availability of uniforms or equipment. Play the game and report the number of and types of equipment problem faced. Most importantly **be consistent game to game.**

Important Documents Tested Here: The free blocking zone in the spread, the GHSA definition of a catch (actually in two parts- I and II) with full explanation of surviving the ground and the GHSA Overtime policy are on the training website: ghsafootballtrainingcenter.weebly.com

Note about GHSA Overtime policy- it varies from NFHS carryover rules and the distinctions **are critical.**

<u>Mechanics Clarification:</u> Those of you that have attended camp and those that will should become aware of the merger of six and seven man mechanics as much as possible. This clarification involves goal line mechanics for the Referee.

Goal Line Mechanics Going IN: R has forward/backward pass and U has passer past LOS.

Going OUT: This reverts to the wings. From the 0-3 yard line Both wings drop to the goal line putting them still in better position than R to make this call. From 3-10 yard line the LJ holds the LOS while the Head Line Judge (Linesman) assist the R with the goal line. He is in perfect position to make forward/backward pass call.

Important Dates:

GHSA Part II On-line test August 1-15, 2018

GHSA Seven Man Mechanics Test October 1-5, 2018 This test must be passed to participate in football playoffs.

Omitted Questions: April guide #40,43,45

May guide #99 June guide #125 Various reasons. Last two clerical error on my part.

Abbreviations: No additional abbreviations are used for this guide from prior guides.

Questions

- 131. Team A 3/16 from the A30 yard line. Passer A12 is hit immediately after release of the ball and knocked to the ground by onrushing defensive lineman B64. The pass is incomplete. The contact was not late to warrant roughing the passer. Targeting did not occur. The contact was to the back of A12 with two extended hands pushing A12 to the ground. Which statement is **TRUE:**
 - A. B64 should be flagged for hitting defenseless player. The penalty is 15 yards and results in 3/1 for Team A at the A45 yard line.
 - B. B64 should be flagged for hitting a defenseless player. The penalty is 15 yards and will give Team A automatic first down.
 - C. B64 has hit a defenseless player by NFHS definition in 2018 but has done so in a legal manner. B64is guilty of no foul.
- 132. Team K 4/10 from the 50 yard line. While the punt is airborne R40 blocks K38 in the back at the R30 yard line. During the kick time for the third quarter expires. R10 catches the punt at the R20 yard line and returns it to the R25 yard line. The penalty is accepted. Regarding the play which statement is **TRUE:**
 - A. The basic spot for enforcement is the R20 yard line- the end of the kick under PSK enforcement. The third quarter is extended for an untimed down.
 - B. The basic spot for enforcement is the R20 yard line and the third quarter is not extended for an untimed down.
 - C. The basic spot for enforcement is the R25 yard line and the third quarter is extended for an untimed down.
 - D. The basic spot for enforcement is the R25 yard line and the third quarter is not extended for an untimed down.
- 133. Team K opens the game with a kickoff from the K40 yard line. During the kick K78 pulls the face mask of R45 attempting to get around him

to cover the kick at the R12 yard line. The kick is muffed at the R3 yard line by R12 and rolls into the EZ. Because of the penalty R may choose to next put the ball in play 1/10 from the R35 yard line.

- A. True
- B. False
- 134. K punts on 4/10 at R40 yard line. R23 signals for a fair catch and muffs the ball at the R6 yard line. The Back Judge inadvertently blows the whistle while the ball is loose after the muff. The ball never penetrates the plane of the goal line. R23 recovers the ball at the R8 yard line. During the kick R60 is flagged for holding at the R25 yard line. Head coach of K accepts the penalty for R60 holding. Concerning this play which statement is **TRUE:**
 - A. Team R 1/10 from the R3 yard line
 - B. Team R 1/10 from the R4 yard line
 - C. Team K 1/10 from the R30 yard line.
 - D. There is no penalty enforcement. The inadvertent whistle requires a re-kick as it occurred during the kick.
- 135. Team A punter comes on to punt in the first quarter. He is noted to have very small knee pads that at most reach to mid-thigh. Properly officiated an official's time out is called. Team A punter is removed from the game and must be replaced until the improper equipment is removed and proper pants with knee pads covering the knee are provided. The punter must be replaced for at least one down unless halftime or an overtime intermission occurs.
 - A. True
 - B. False
- 136. Team K punts. Prior to the change of possession K43 pulls rushing defensive end R87 down by the face mask. R10 returns the kick for a touchdown. What options does Team R have:
 - A. Only option is to decline the penalty to keep the score
 - B. Take the score and apply the face mask penalty on the try only
 - C. Take the score and apply to either try or subsequent kickoff
- 137. Team A completes a pass with receiver running out of bounds with 2 seconds left in the first half gaining a first down. The play clock will start on the snap and the first half will end regardless of the play

subsequently run unless there are events requiring replay of the down or a score with associated try.

- A. True
- B. False
- 138. Concerning new NFHS equipment rule 3-5-10e and associated existing rules which statement is **FALSE**:
 - A. An emphasis is on pregame detection and correction of improper equipment found.
 - B. Clear mouth and tooth protectors are illegal
 - C. Sweat bands cannot be worn on the biceps or calves
 - D. The head coach is required to verify to the Referee and one other official that all his players have all required equipment and will use no illegal equipment.
- 139. Team A 3/6 at the B24 yard line. Score is B28-A20. Four seconds remain in the fourth quarter. A legal forward pass is thrown to A88 in the EZ. Prior to A88 catching the pass for an apparent touchdown B36 interferes with A88. Time for the fourth quarter expired during the down. Which statement is **TRUE:**
 - A. Touchdown for Team A and they may enforce the penalty on the try only.
 - B. Team A must decline the penalty in order to keep the touchdown.
 - C. Touchdown for Team A and they may enforce the penalty in the first overtime possession by either team if they successfully convert a two point try.
- 140. Kick-catch interference can be an "add on" penalty under new 2018 rules concerning fouls by K on scrimmage and free kicks.
 - A. True
 - B. False
- 141. Team K's punt is high but short bouncing off the helmet of R23 as he attempts a fair catch ten yards downfield. The ball is recovered by K. However Team K had six on the LOS. Team R may accept a five yard penalty assessed from the spot of recovery and start a new possession 1/10.
 - A. True
 - B. False

- 142. Concerning the free blocking zone and spread offense document on the GHSA training web site which statement is **FALSE:**
 - A. A guard in a three point stance may block a defensive lineman in the gap between the guard and adjacent tackle below the waist if he fires immediately out at the snap.
 - B. In the event defensive linemen stunt it is their ending position relative to the blocker that helps determine whether they can be blocked below the waist.
 - C. Contact by offensive linemen must be initiated in or beyond the neutral zone.
 - D. A linebacker four yards off the LOS at the snap may "take out" a fullback as a lead blocker below the waist.
- 143. Concerning the GHSA definition of a catch (Part I and II) on the training web site which statement is **TRUE:**
 - A. Surviving the ground requires maintaining possession during any momentum slide after returning to the ground and landing on any body part other than one or both feet.
 - B. If a receiver falls to the ground and bobbles the ball but never loses possession or the ball never touches the ground the pass is still incomplete.
 - C. If the covering official has doubts the pass is always complete.
- 144. Concerning penalty enforcement carryover in GHSA overtime described in the GHSA Overtime document on the GHSA Training website which statement is **TRUE:**
 - A. Team K scores a game tying field goal as time expires for the fourth quarter. There is roughing the kicker by Team R. This penalty may be enforced in the subsequent overtime.
 - B. Team A scores game tying touchdown as time expires for the fourth quarter. Team B is guilty of roughing the passer. This penalty may be enforced in overtime if the try fails.
 - C. A21 crosses the goal line for a successful two point game tying conversion. Time for the fourth quarter expired during the scored touchdown. During the successful two point conversion A21 is tackled by a horse collar tackle. This penalty is always a live ball foul and must be declined.

- 145. Team A needs to spike the ball to stop the clock. They hurry to the LOS as the clock is running with seven seconds left in the second quarter. All eleven A players are set for one second prior to the ready for play being blown. Center A56 snaps the ball after hearing the ready for play. This is legal.
 - A. True
 - B. False
- 146. Team K attempts an onsides kick opening the second half from the K40 yard line. During the kick K19 is flagged for a personal foul by blocking R38 below the waist at the K47 yard line before the ball has traveled ten yards and has yet to be touched by any R player. The ball continues and goes OOB untouched by R at the R40 yard line. Covering officials properly flag both penalties. Concerning options available for Team R which is **TRUE:**
 - A. Team R may accept one but not both live ball fouls by Team K.
 - B. If Team R accepts the illegal contact foul on K19 they have an option of 1/10 at the K45 yard line.
 - C. If Team R accepts the free kick OOB untouched by R penalty they have an option of 1/10 from the R45 yard line.
 - D. Team R has an option of a rekick by enforcing either penalty from the previous spot.
 - E. All options above are true.
- 147. Team K kicks off to open the game from the K40. During the kick K64 is flagged for a face mask personal foul. The kick goes OOB untouched by R at the R10 yard line. If Team R chooses to accept possession 25 yards from the previous spot at the R35 yard line they lose the option of having K64 personal foul enforced as an add on.
 - A. True
 - B. False
- 148. Team K punts from the K40 yard line. The kick is caught by R27 at the R20 yard line. During the run R27 fumbles and the ball is recovered by R10 at the R35 yard line. Team K is guilty of holding during the kick. Team R may add the holding penalty and take possession 1/10 from the R45 yard line.

A. True

B. False

- 149. During the first GHSA overtime period, the second possession, Team B scores a touchdown and kick a successful try to tie the game. During the try B12 is injured and is assisted off the field by trainers. To start the second overtime period Team B elects to be on offense first. B12 returns to the field for the first play. Officials should allow B12 to play.
 - A. True
 - B. False
- 150. First GHSA overtime, second possession. Team B after a touchdown kicks a successful try to tie the game. After the whistle ending the try and while teams are separating and walking to their respective sidelines A65 is flagged for a dead ball personal foul by grabbing the back of B20 and throwing him to the ground. Team B has the option to start the second overtime period and elects to start on defense with the penalty enforced against the Team A offense starting the second overtime period. Which statement is **FALSE:**
 - A. Team A will start on offense from the 30 yard line.
 - B. Team B has no option, if they accept the penalty, other than to enforce the penalty on the first possession of the second overtime period.
 - C. Team B could accept the penalty and re-attempt the try from half the distance to the goal.
- 151. Clock is running. Team K punts. The kick is muffed by Team R and recovered inbounds by Team K at the R35 yard line. Now 1/10 for K. The clock starts on the ready for play.
 - A. True
 - B. False
- 152. Team A 3/10. Clock running. Team A pass intercepted. During the return B35 fumbles which is recovered by A36 at the A40 yard line. 1/10 for Team A at the A40. Clock starts on the snap.
 - A. True
 - B. False
- 153. K ball 4/7 from the K30 yard line. Team K punts. The punt rolls OOB at the R27 yard line. During the kick K55 is flagged for a personal

foul at the R35 yard line. Which statement is **FALSE**:

- A. R may decline the penalty and assume possession 1/10 at the R27 yard line.
- B. R may accept the penalty and force a rekick from the K15 yard line.
- C. R may accept the penalty and have 1/10 from the R42 yard line.
- D. R may accept the penalty and have 1/10 from the 50 yard line.
- 154. First GHSA overtime period. Second possession. Team K attempts a field goal on 4/5 from the R10 yard line that is partially blocked at the LOS by R98 and rolling at the R3 yard line. K50 is nearing the ball to down it but is blocked in the back by R38 and a flag is thrown. R38 picks up the loose ball and is immediately downed at the R3. Which statement is **FALSE:**
 - A. Post-scrimmage kick enforcement does not apply in GHSA overtime.
 - B. The next play will be Team K 1/goal from the R5 yard line.
 - C. Officials must assess the block in the back as a loose ball play and enforce from the previous spot.
 - D. The next play will be a new series for Team R as Team K possession ended in overtime when the ball crossed the neutral zone.
- 155. As time expires for the second quarter A21 scores a touchdown and is tackled by an illegal horse collar as he crosses the goal line. Team A may elect this penalty enforced on the second half kickoff.
 - A. True
 - B. False
- 156. Team K scores a touchdown as time expires for the fourth quarter then kicks a successful try to tie the game. Team R roughs the holder on the successful try. Under GHSA Overtime document Team K may enforce this penalty in overtime.
 - A. True
 - B. False
- 157. Team K kicks a successful field goal in overtime during the first possession of the first period. Team R roughs the kicker. The only

option for Team K is replay the down after enforcement or decline the penalty under GHSA Overtime document policy.

- A. True
- B. False
- 158. In the third quarter Team A scores a touchdown. As teams are exchanging players for the try, officials have yet to place the ball at the three yard line for the attempt nor has there been a ready for play whistle the head coach of Team B is flagged for an unsportsmanlike penalty. Team A may enforce this penalty on the try or subsequent kick off.
 - A. True
 - B. False
- 159. 2/12 for Team A from the A30 yard line. The quarterback A17 is scrambling in the backfield when B57 pulls his face mask. A17 continues to scramble several yards and completes a pass downfield to the A45 yard line. Which statement is **TRUE:**
 - A. This is roughing the passer. Automatic first down for Team A.
 - B. Team B will be penalized from the A45 yard line.
 - C. Team B will be penalized from the previous spot.
- 160. A12 during a scramble in the backfield fumbles forward to the A5 yard line. The ball was snapped at the A10 yard line. B38 muffs the grounded fumble into Team A's EZ. A41 picks the ball up there and is tackled by the face mask attempting to advance and fumbles. The ball rolls out of the EZ and OOB at the A2 yard line. Which statement is **TRUE:**
 - A. The face mask penalty is enforced from the goal line.
 - B. The face mask penalty is enforced from the A2 yard line.
 - C. The penalty is enforced from the A20 as the force that put the ball into the EZ was the muff by B38 giving Team A 1/10 from the A35.
 - D. The clock will start on the ready for the next play.