

April 2019 Study Guide

Last month we reviewed principally Rule 6. This month it is Rule 7.

BEFORE THE SNAP (7-1)

After the ready for play and touching the ball the center may not make what moves?

What are the two PHASES of encroachment?

What is encroachment after the ready for play?

What is encroachment after the ready for play and center touching the ball?

Define false start. What are the penalties for encroachment and false start.

FORMATIONS/NUMBERING AND THE SNAP(7-2)

What is the nine yard marks rule? Under what circumstances is it ignored?

What defines a legal snap?

Define legal numbering requirements and number of players on the LOS and in the backfield (note rule change this year concentrating on no more than four in the backfield. If snapping with eleven you still have to have seven on the LOS despite what some think)

A. Define for play from scrimmage

B. Define for scrimmage kick formation on first, second or third down (a rare occurrence)

C. Define for scrimmage kick formation on fourth down

Define a legal shift. Is breaking the huddle a shift?

Define legal motion

Discuss that all 11 players must be set for one second prior to the snap. This may occur before or after the ready for play.

HANDING THE BALL(7-3)

Discuss when handing the ball backwards is legal

Discuss the requirements for handing the ball forward:

- A. Location
- B. To a back
- C. To a lineman

DEFINITIONS TO KNOW(7-4, 7-5, Table 7-5-4)

- Fumble
- Backwards pass
- Forward pass
- Illegal forward pass (five types)
- Incomplete pass - illegal or legal

Enforcement for illegal forward passes

Advancing an illegal forward passes and fumbles

PASS ELGIBILITY (7-5-6)

Caveat #1 to learn: Pass eligibility rules apply only to legal forward passes.

Learn who is eligible on Team A and when. Team B players are all eligible.

Caveat #2 to learn: A player who is eligible at the start of the down is eligible throughout the down.

PASS INTEREFERENCE (7-5-7,8,9)

When do pass interference restrictions apply?

When do they start for Team A? Team B?

When do they end?

What is forward pass interference?

Per NFHS rule 7-10-11 what is pass interference not?

INELIGIBLE A PLAYERS (7-5-12,13)

What defines an ineligible downfield?

What is illegal touching?

PENALTIES AND ENFORCEMENT PERTAINING TO FORWARD PASSES

Entire crew should summarize and discuss Table 7-5