

March 2019 Football Study Guide

This begins the 2019 GHSA Football season. 2019 Part II test will have a realistic testing atmosphere. OBJECTIVES:

1. Promote preseason rule and mechanics study, individually or as a Crew, through topic driven study guides with example questions.
2. Film clips with related questions will be part of Part II 2019. Officiating begins visually with subsequent decision making. Our goal is the GHSA testing process mimics these steps. Associations will may be asked to submit film clips through HUDL that demonstrate representative plays.
3. Feedback will be given for incorrect answers with an opportunity to learn from your experience. This requires writing both questions and feedback(s). No small task and the work has already begun.
4. There will be a Seven Man Mechanics Test. Dates yet to be determined. With the addition of the forty second clock all manuals- four, six and seven will be revised.

This study guide involves the kicking game. Each half starts with a kickoff and this phase of the game produces transition requiring unique mechanics, decisions and enforcements. Others to follow monthly will concentrate on other rules of the game governing running, passing, penalty enforcement, the clock, substitution and new rule changes.

The Kickoff and Other Free Kicks

What is the definition of a kick (applies to multiple kicks)? (Rule 2-24)

When does a kick start and how does it end?

- A. Specifically how does it maintain the status of a kick (applies to multiple kicks) and when does it end? (Rule 2-24)

List all dead ball fouls associated with free kicks and their enforcement options (Rule 6-1)

When can a Team K member touch or possess a free kick? (Rule 6-1-6)

What is first touching of a free kick? (Rule 6-1-7)

- A. Does the clock start on first touching?
- B. Can a free kick be advanced by Team K? If so, when?
- C. How do fouls affect first touching?

List the ways a free kick becomes a dead ball

List possible live ball fouls during a free kick:

- A. By Team K
- B. By Team R
- C. How are each enforced, basic spot and options?

What is kick-catch interference (Rule 6-5-6)

- A. Examples and options (Rule 6-5-6 penalty)

What defines illegal contact during a free kick? (Rules 9-3 and 9-4)

- A. When can R contact K players?
- B. When can K contact R players?
- C. What is legal contact?
- D. How is illegal contact on a free kick enforced? Basic spot? Yardage? Signals? (Rule 10, 9-3 penalty, 9-4 penalty)

Scrimmage Kicks

When can a scrimmage kick be advanced by Team R? (Rule 6-2-2)

When can a scrimmage kick be advanced by Team K (Rule 6-2-3)

Define first touching of a scrimmage kick in terms of location, clock and affect of fouls. (Rule 6-2-5)

- A. Can you have first touching of an unsuccessful field goal?

List the ways a scrimmage kick ends including a try

List the ways a scrimmage kick becomes dead

Define kick-catch interference of a scrimmage kick

- A. What are the options offered Team R (Rule 6-5-6 and penalty)
- B. When is touching of a low scrimmage kick by any player ignored? (Rule 6-2-6)

Live ball fouls during scrimmage kick by Team K

- A. List examples with enforcement (Rule 10-4-2 ex)

Live ball fouls during scrimmage kick by Team R

- A. PSK definition and enforcement (Rule 2-16-2h)

B. How are live ball fouls during a scrimmage kick by Team R that do not meet the definition of PSK enforced? (Rule 10)
Roughing versus running into the kicker- differences (Rule 9-4-5)

Fair Catch

Proper signal: Valid, invalid or illegal examples (Rule 2-9)

A. Penalty enforcement for invalid or illegal signals. (Rule 6-5-7 penalty)

Protection of receiver giving signal (Rule 6-5-3)

Free kick option after a fair catch- know when the option remains despite inadvertent whistle, dead ball or live ball foul if option to put ball in play by a snap after a fair catch (Rule 6-5-4)

2019 Rule Change

Illegal kick versus illegally kicking the ball. With the rule change in 2019 this is important. In prior years the distinction was academic as they both carried fifteen yard penalties.

A. What is an illegal kick?

B. What is illegally kicking the ball?

C. How does a pop up kick differ from both of these in terms of type of penalty and associated yardage?

Why this is important? In 2019 the penalty for illegal batting or illegally kicking the ball has been reduced to ten yards. The penalty for an illegal kick remains fifteen yards. It is quite possible this will be changed again through a NFHS legislative process. Please stay tuned as it is very likely the penalty for an illegal kick will ALSO be reduced to ten yards.

Sample Questions:

All are True/False

1. Any Team K player may recover a free kick if the ball has gone past Team R free kick line and also touched the ground.

2. The first touching of a grounded free kick by Team K is ignored if it occurs in the neutral zone.
3. Team K opening kickoff goes out of bounds untouched by R at the R5 yard line. Team R may start a new series at the R40 yard line.
4. It is not necessary to be in scrimmage kick formation to execute a legal scrimmage kick
5. A fair catch of a scrimmage kick can be made anywhere between the goal lines
6. Only one receiver may give a fair catch signal during a down.