

SCCPSS MSA Football Guidelines-2017

Length of Season: August 15 – October 18

NFHS Learn Certification: August 11

Tryouts / Practice: August 7 - 9th

Helmets Only: August 7-11
Must have 5 days

Helmets/Shoulder Pads: August 14-16 **Full Gear:** August 17



Practice Limitations (per NFHS):

- 1) **Full contact** during practice shall be allowed in no more than three (3) practice days per week;
- 2) **Full contact** during practice shall not be allowed on more than two (2) consecutive days;
- 3) **Full contact** during practice shall be limited to not more than **30** minutes per day;
- 4) **Full contact** during practice shall be limited to not more than **90** minutes per week

Eligibility & Roster Due: August 25 – *See Important Dates Document*

First Game Date: August 30

Number of Contests: Seven Regular Season

Game Days: Wednesdays

Rules: NFHS Football Rules

Time: Four - 12 minute running time quarters. The clock shall stop during timeouts & the last 2 minutes of each half. Ten minute half-time

Game time: Regular Season & Playoffs- 4:30
Championship Game- 5:00

Eligibility Requirement: Refer to page eight in the MSA Manual

Playoffs: Top 4 teams. Single Elimination. Ranking will be determined by (1) best record, (2) head to head, (3) coin toss.

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The kicking game is a vital part of football, and coaches are strongly encouraged to attempt conversions and field goals during game situations.

Point Values	
Touchdown.....	6 points
Field Goal	3 points
Safety (points awarded to opponent).....	2 points
Successful Try –Points After Touchdown	
A. Touchdown – run or pass	1 point
B. Field goal or safety	2 points

Overtime Procedures – Adopted from GHSA

1. There will be a 3-minute intermission between the end of regulation play and the coin toss to start the overtime procedure.
2. The captains will meet for the coin toss, and the winner may choose one of the following:
 - (a) Be on offense first
 - (b) Be on defense first
 - (c) Choose the end of the field on which to play
3. The ball is placed on the 15-yard line and the offense keeps the ball until:
 - (a) The ball is turned over on downs (NOTE: The team on offense can gain a first down.)
 - (b) The defense gains possession of the ball (ball is dead immediately)
 - (c) The offense scores a touchdown or field goal
 - (d) The offense misses a field goal
4. After the first offensive team completes its possession, the opposing team gets its opportunity from the 15-yardline.
5. If the game remains tied after each team has had an offensive possession, there will be a 2-minute intermission and the team that lost the first coin toss has the first option for the second possession.
6. If neither team scores in the second overtime period, the team that gained the most yards from scrimmage (15-yardline) will be declared the winner.

** Coaches or ADs from each school are responsible for submitting scores via the score report process before leaving the contest location.**

Admission Costs:

- All regular season and the first round of playoffs: Free admission
- Championship game: \$5.00

For questions and concerns contact:

- Middle School Athletics – Jason Hallman – (912) 704-1356
- Football Officials Association – Willie Dorsey (912) 631-4587